

Swanmore Leisure Fitness Suite Re-Opening

COVID-19 Control Measures

Ahead of the reopening of Swanmore Leisure for users of our fitness suite, here is a list of measures that we are implementing to manage the risk of transmission of COVID 19.

General Measures

- Hand wipes and Hand sanitiser are available for use by staff and customers
- Staff will be washing hands regularly throughout their shifts
- Social distancing will be in practice, with floor stickers and posters positioned to remind staff and users
- Hygiene screens have been purchased and will be positioned where required, for example on the reception desk and in our fitness suite.
- Changing rooms and showers are not available for use
- All users to arrive at the facility in their sportswear
- Enhanced cleaning specification and products in use
- Antibacterial spray units will be used frequently to sterilise facilities and communal areas during hours of operation

Fitness Suite Users

- All members must wash or sanitise their hands frequently whilst on site
- All members must follow the "Catch it, bin it, kill it" guidance
- Access to the fitness suite is restricted to staff and members only
- All members must follow the newly implemented one way system around the fitness suite
- All members must swipe in and out with their own membership card to support "track and trace"
- Members must wipe down equipment after each use using the sterilising wipes provided
- Members must adhere to social distancing
- Hygiene screens have been positioned between exercise stations, these must not be moved
- Maximum occupancy limits of 10 members allowed to exercise at any one time
- Maximum exercise limits of 1 hour per visit
- The music system will be on low to avoid raised voices or shouting
- Leisure staff only permitted to change media channels
- Members must respect staff and other users